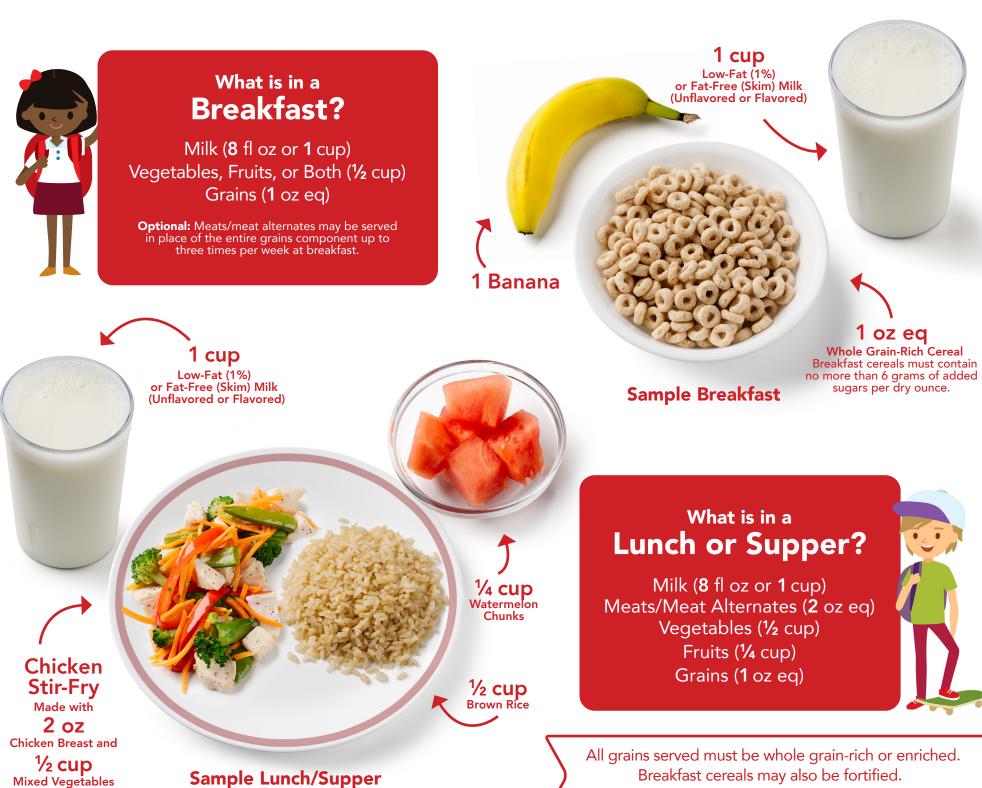
Serve Tasty and Healthy Foods in the Child and Adult Care Food Program (CACFP)

Sample Meals for Children Ages 6–12 and 13–18



Breakfast cereals may also be fortified. At least one grain served each day must be whole grain-rich.



Note: Serving sizes are minimums.

Learn more about the CACFP meal patterns at TeamNutrition.USDA.gov.

